

Friday March 10th, 2006
4:00 PM – 5:00 PM

- The first thing I witnessed after I arrived was a confrontation on the track. It didn't escalate into anything serious but there was definitely some tension. There was a girl messing around with her Ipod and she had her headphones on. The problem was that she was walking, and pretty slowly I might add, on the inside lane, which is where you should go the fastest. Two girls were running behind her and as they passed her told her to move to the outside lane. After she didn't hear them they got a little irritated and yelled at her, asking, "Didn't you hear me?" The walking girl then heard them and yelled back, telling them to mind their own business. Many other people on the track looked on but said nothing and after the two girls moved on, the girl with the Ipod left and the situation was over.
- None of the TV's worked while I was there. The treadmills were also empty, except for maybe one or two. I am guessing that there is some kind of connection there. Since the TV's weren't working, people probably thought there was no reason to use the treadmills and decided to run on the track.
- Both signup boards 1 and 2 were pretty much empty. The only machines used during the time I was there were the elliptical machines, which were all in use and reserved until 5:30 PM at the earliest.
- I never really noticed the use of water bottles until today. Two girls had reserved adjacent machines in the third row at 4:30 PM and when they were decided who would use who, one of them said she should use machine number 13 because it had a water bottle holder. After this I noticed that not everyone had water bottles, but there were a lot of machines with the feature of holding a water bottle.
- There was an older gentleman in gray sweats who was running on the track. I really admire the determination that people here have. He is probably exercising for the sole purpose of staying healthy. For whatever reason that people attend CRCE, they have goals and they are accomplishing them just by being there.